



Heartland Community Schools November 2024



				1 Cinnamon Breadstick French Toast Sticks Egg & Sausage Patty 100% Juice Tri Tater
4 Chicken & Biscuit Grilled Hamburgers Chips Cookie	5 Donut Holes Tacos Muffin Steamed Corn	6 Chocolate Chip French Toast Pork Tenderloin Mashed Potatoes Gravy Dinner Roll	7 Cereal Enchiladas Green Beans Long John	8 NO SCHOOL
11 Sausage & Biscuit Taco Salad Steamed Corn Mini Donuts	12 Apple Frudel Chicken Nuggets Mashed Potatoes Gravy Dinner Roll	13 Tornado Spaghetti Garlic Bread Green Beans	14 Breakfast Pizza Max Cheese Sticks Marinara Sauce Steamed Carrots Pudding	15 Blueberry Waffles Turkey Dinner Mashed Potatoes/ Gravy Steamed Corn Cranberry Sauce Dinner Roll
18 Long John Deli Sandwich Chips Cookie	19 Chocolate Chip French Toast Chili or Chicken Noodle Soup Cinnamon Rolls Saltines	20 Pancake Wrap Sloppy Joe French Fries Slushies	21 Strawberry Bagel Chicken Alfredo Steamed Broccoli French Bread	22 Tornado Burrito Bowl (rice, pulled pork) Black Beans Steamed Corn Donut Hole
25 Cinnamon Breadstick Cheeseburger Mac & Cheese Steamed Broccoli Dinner Roll	26 Egg & Cheese Biscuit Chicken Patty Sandwich French Fries Steamed Peas	27 NO SCHOOL	28 	29 NO SCHOOL

All grains are whole grain rich.

Fresh fruit and vegetable bar offered daily with lunch.

A variety of fruit and juice is offered daily with breakfast.

A variety of low-fat and fat-free milk is offered daily with breakfast and lunch.

Menu is subject to change without notice.

All beef is donated and locally raised.



Heartland Community Schools is an equal opportunity provider.